

## HSSE FITNESS MANAGEMENT Major/Minor Degree

Suggested Enrollment Plan for Freshman Student

FRESHMAN YEAR				
Fall - 16 hours		Completed	Spring - 16 hours	
Course	Completed		Course	Completed
UNIV 1010 Ranger Connection			ENGL 1213 Composition II	
ENGL 1113 Composition I			Biological Sciences/Chemistry 1105	
MATH 1403 Contemporary Math or MATH 1513 College Algebra			POLS 1113 American Federal Government/Politics	
Leadership			U.S. History or Humanities/Religion	
HIST 1483/1493 U.S. History or Humanities/Religion			SCOM 1113 Introduction to Speech Communication or FIN 1113 Personal Finance	
SCOM 1113 Introduction to Speech Communication or FIN 1113 Personal Finance				

SOPHOMORE YEAR				
Fall - 16 hours		Completed	Spring- 15-16 hours	
Course	Completed		Course	Completed
H ED 2303 Wellness Concepts			H ED 1252 Intro to HPE MW 11:00	
Biological Sciences/Chemistry 1105			H ED 1820 Nutrition MW 9:00	
Human Heritage & Culture elective (PSYC/SOC/HIST/GEOG/CJUS/SCOM/SPAN/ART)			PE&R 1462 Concepts of Aerobics MW 10:00	
Humanities/Religion			ACCT 2003 Survey of Accounting or 2123 Fin. Acct. (online)	
H ED 2211/2221 First Aid/Advanced MW or TR 8:00			PSYC 2113 Psych. Of Adjustment (online)	
			Elective Theory (3-4 hours)	

JUNIOR YEAR				
Fall- 15-16 hours		Completed	Spring- 15-16 hours	
Course	Completed		Course	Completed
H ED 3103 Athletic Injuries MWF 9:00			PE&R 4603 Kinesiology MWF 9:00	
H ED 3202 Therapeutic Rec. MW 10:00			PE&R 3693 Physiology of Exercise 10:00	
H ED 3112 Adapted MW 11:00			MRKT 3043 Principles of Marketing (online or MWF 11:00)	
H ED 3212 Fitness Assess. & Ex. Presc. TR 11:00			MGMT 3063 Principles of Management (online or MWF 1:00)	
H ED 3221/3231 Teach. Comm. Act. I & II MW 1:00			Elective Theory (3-4 hours)	
Elective Theory (4-5 hours)				
<b>Request Degree Audit</b>				

SENIOR YEAR				
Fall- 14-15 hours		Completed	Spring- See Degree Audit	
Course	Completed		Course	Completed
H ED 4233 Internship I (arranged)			H ED 4243 Internship II (arranged)	
BIOL 3184 Human Anatomy MWF 11:00			Elective Theory or Hours to Meet 120	
MCOM 3463 Intro to Strategic Comm. MWF 10:00				
Elective Theory (4-5 hours)				