

Curriculum Vitae
Dr. H. Courtney Ballina
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Education

| <u>Institution</u> | <u>Degree</u> | <u>Date Conferred</u> | <u>Field(s) of Study</u> |
|-------------------------------------|---------------|---------------------------|-------------------------------------|
| University of Wisconsin- Eau Claire | BSN | 12/2004 | Nursing |
| Metropolitan State University | MSN | 4/2012 | Family Nurse Practitioner |
| Samford University | DNP | 8/2017 | Nursing Administration/Education |

Certifications and Licensure

| <u>License/Certification</u> | <u>State</u> | <u>Number</u> | <u>Date</u> |
|------------------------------------|---------------------|---------------|---------------|
| CNP- Family | OK | | 2017- Present |
| Advanced Practice Nurse Prescriber | WI | 6332 | 2015- Present |
| Registered Nurse | WI (Multi-state) | 149808-030 | 2004- Present |
| AANP Certification | National | F0512277 | 2012-Present |
| AHA- Basic Life Support | National | | Current |

Professional Experience

| <u>Dates</u> | <u>Institution and Location</u> | <u>Academic Position</u> |
|----------------------|--|--------------------------|
| August 2017- Present | Northwestern Oklahoma State University, Alva, OK | Assistant Professor |

| <u>Dates</u> | <u>Institution and Location</u> | <u>Clinical Position</u> |
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| October 2019-present | Everside | Nurse Practitioner |

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| January 2019-present | New Richmond Family Care | Nurse Practitioner/Owner |
| January 2016- present | St. Croix Hospice | Nurse Practitioner |
| June 2014- January 2019 | Hudson Physicians, Hudson, WI | Family Nurse Practitioner |
| June 2012- March 2016 | Target Clinics, Minneapolis, MN | Family Nurse Practitioner |
| August 2006- October 2011 | Westfields Hospital, New Richmond, WI | Staff RN |
| February 2005- November 2006 | Dove Healthcare, Eau Claire, WI | Staff RN |

Awards and Honors

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| 2014 | Unsung Hero Award- Convenience Care Association |
| 2012 | District Healthcare Leader of the Year- Target Clinic |
| 2012 | Leader of the Month- Target Clinic |
| 2005 | Rookie of the Month- Dove Healthcare |

Clinical Scholarship/Research Presentations

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| May, 2017 | Using Chief Complaints to Determine Appointment Durations in a Primary Care Clinic. Poster session presented at the DNP Project Poster Presentations, Birmingham, AL. |
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Publications

Ballina, C. (2015). The saga of the sore throat. *Contemporary Clinic, 1*, <http://contemporaryclinic.pharmacytimes.com/journals/issue/2015/2015-vol1-n1/the-saga-of-the-sore-throat>

Educational Presentations

Richard-Eaglin, A.; Ballina, H.C. (Aug2020). Developing awareness of microaggressions in Academia.[Part 2 of a 3 part webinar series *Eliminating Microaggressive Behaviors in Academia*]. NONPF

Professional Memberships

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|---------------|---|
| 2012- 2020 | Minnesota Nurse Practitioners (MNNP) |
| 2012- Present | American Association of Nurse Practitioners (AANP) |
| 2009- Present | Wisconsin Nurses Association (WNA) |
| 2009- Present | American Nurse Association (ANA) |
| 2017- Present | National League of Nursing (NLN) |
| 2017- Present | American Association of Colleges of Nursing (AACN) |
| 2017- Present | National Organization of Nurse Practitioner Faculty (NONPF) |
| 2012- 2020 | Minnesota Nurse Practitioners (MNNP) |
| 2015- 2017 | American Organization of Nurse Executives (AONE) |

Professional Service

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|------------------------------|---|
| May 2019- Present | NONPF Diversity Committee, Microaggressions subcommittee |
| November 2015- November 2018 | Communications Liaison (Board member): MNNP |
| April 2015- March 2016 | Editorial board: Contemporary Clinic |
| February, 2016 | Minnesota Antibiotic Stewardship Workgroup |
| January 2013- March 2016 | Clinical Peer Advisement Committee: 2013-2015 member, 2015-2016 Chair |

Academic Service Teaching

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| Fall, 2017 | NURS 6113: Advanced Pathophysiology, 3 credit hours NURS 6263: Health Policy, Ethics, Economics, and Advanced Nursing Practice, 3 credit hours |
| Spring, 2018 | NURS 6423: Interprofessional Leadership, Collaboration, and Communications, 3 credit hours |

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| Summer 2018 | NURS 6132: Advanced Holistic Assessment, 3 credit hours |
| Fall, 2018 | NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6243: Population Health and Health Promotion, 3 credit hours |
| Spring, 2019 | NURS 6423: Interprofessional Leadership, Collaboration and Communications, 3 credit hours |
| Summer 2019 | NURS 6133: Advanced Holistic Assessment, 3 credit hours |
| Fall 2019 | NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6143: Advanced Pharmacotherapeutics, 3 credit hours |
| Spring 2020 | NURS 6313: Primary Care of the Adult, 3 credit hours didactic, 4 credit hours practicum |
| Summer 2020 | NURS 6133: Advanced Holistic Assessment, 3 credit hours NURS 6432: Role Development for the DNP, 2 credit hours |
| Fall 2020 | NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6243: Population Health, 3 credit hours |
| Spring 2021 | NURS 6313: Primary Care of the Adult, 3 credit hours didactic, 4 credit hours practicum |

Academic Service

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|--------------------------|---|--|
| August 2020- present | NWOSU | Faculty Evaluation and Development Committee |
| August 2019-present | NWOSU | Faculty Development Committee |
| August 2018-present | NWOSU | Student Committee |
| August 2018- May 2019 | NWOSU | Diversity Committee |
| January 2009- April 2012 | Nursing Student Organization- Metropolitan State University | President |

Community Service

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| 2017, 2018, 2019 | New Richmond Youth Soccer Team Manager, Board member (Webmaster) |
| 2017, 2018, 2019, 2020 | New Richmond Youth Hockey Team Manager |
| 2019, 2020 | New Richmond Fast Pitch Club Team Manager, Board member (Communications director 2019, VP 2020) |
| March 2018- March 2019 | New Richmond Leadership Trust Initiative |

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| August 2018- January 2021 | St. Croix County, WI Foster Care Recruitment and Retention Team |
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Professional Development

| <i>Date(s)</i> | <i>Continuing Education Activity</i> |
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| April 2020 | NONPF 46 th National Conference |
| April 2019 | NONPF 45 th National Conference |
| March 2018- November, 2018 | Leadership Trust Institute- New Richmond Wisconsin |
| August, 2018 | Identifying Messages to Promote Value & Education (IMPROVE) of Generic Prescribing: 0.25 CE |
| June, 2018 | AANP National Conference: 26.39 CE, 3.74 pharmacology CE |
| December, 2017 | MNNP Annual Education Conference: 8.5 CE, 1.0 pharmacology CE |
| January, 2017 | Hospice: Understanding Hospice Eligibility: 1.0 CE |
| January, 2017 | Management of Common Symptoms at End of Life: 1.0 CE |
| January, 2017 | Understanding and Managing Chronic Pain: 2.0 CE |
| May, 2016 | Prescribing Opiates Responsibly: Treating Pain Without Feeding Addiction |
| June, 2015 | AANP National Conference: 30.5CE, 0.76 pharmacology CE |
| June, 2015 | Tobacco Cessation- Behavior Counseling and Pharmacotherapy: 2.5 CE |
| September, 2014 | AANP Specialty and Leadership Conference: 21.25CE, 3.0 pharmacology CE |
| 2014 | Prescriber's Letter CME in the Letter: 14.4 pharmacology CE (1.2 Monthly) |
| 2013 | Prescriber's Letter CME in the Letter: 14.4 pharmacology CE (1.2 Monthly) |