

Miss Northwestern's Teen



Paperwork Deadline – Monday, October 6th, 2025

Rehearsal Date – Saturday, November 1st, 2025

Competition Date – Sunday, November 2nd, 2025

Paige Fischer – Executive Director

Email: plfischer@nwosu.edu

Office Phone: 580-327-8533 Cell Phone: 580-747-6443

The mission of the Miss Oklahoma's Teen Scholarship Competition is to provide an opportunity for Oklahoma's young teenage ladies to compete in a first-class teen scholarship competition and to encourage them to continue pursuing their talents, become positive influences in their communities, and develop into responsible young women of the highest morals and integrity.

The competition provides an opportunity for teenage ladies in Oklahoma to engage in a formal interview with the judges, which helps them develop positive communication skills for life. The young ladies will focus on their personal fitness training in preparation for the health and fitness competition. Their gracefulness and poise will be showcased in the evening gown and on-stage question competition, and their talents will shine during the talent competition.

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Miss Northwestern's Teen



You have the option to send documents via email to me at plfischer@nwsu.edu, by mail (address below), or by hand delivery to my office at Herod Hall #105 on the NWOSU-Alva campus.

We request that you send all forms, payments, and required items no later than October 6th, 2025, to:

Miss Northwestern's Teen Scholarship Competition
ATTN: Paige Fischer
709 Oklahoma Blvd.
Alva, OK 73717

Or email to plfischer@nwsu.edu

Only COMPLETE ENTRIES will be accepted. All entries must be postmarked by October 6th, 2025. We must have the following information returned to us to be considered "entered" in the competition:

- Register for Miss America membership and pay the \$49.99 membership fee – page 6
- Miss Oklahoma's Teen Local Contract (must register for Miss America membership to receive the link from the Miss America Office) – page 7
- Raise \$30 for American Heart Association through the portal; email screenshot of funds raised to Paige – page 8
- 1 Contestant Release and Indemnity Agreement – page 9
- 1 Copy of Fact Sheet (must be submitted to plfischer@nwsu.edu) – pages 10-11
- 1 Copy of Community Service Initiative (must be submitted to plfischer@nwsu.edu) – pages 12-13
- Talent Introduction Form – page 14
- Health and Fitness Statement – page 15
- Address and Phone Number Information Sheet – page 16
- Miss Northwestern's Teen Local Contract – page 17
- 1 Sell one full-page ad (\$130) and submit payments, business card(s), and photos to be used for the ad page – pages 19-20
- 1 Head Shot for the program book and university publicity (must be submitted to plfischer@nwsu.edu)
- Email 90 second (or less) talent track to plfischer@nwsu.edu
- Copy of Birth Certificate
- \$100 Entry Fee for the Miss Northwestern Competition (checks may be made payable to Miss Northwestern)
- Must sell at least 10 competition tickets (advance tickets are \$8 and will be mailed to your home address or may be picked up at the NWOSU-Alva Business Office).
- Payment info sheet with checks payable to Miss Northwestern.

Endorsed by and Affiliated with the Miss Oklahoma Scholarship Competition

Miss Northwestern's Teen



Competition Information

Eligibility

1. Contestant must be no younger than 14 years old as of September 1st, 2026, OR no older than 18 years old on September 30th, 2026.
2. Contestant must be a citizen of the United States.
3. Contestant must be female.
4. Contestant must not now, nor have ever been married, nor be a parent or adoptive parent.
5. Contestant must be a young lady of the highest moral character, integrity, and standards.
6. Contestant must execute the Contestant Contract and abide by all the agreements and representations contained therein.

Backstage

1. Contestants must do their own hair and make-up. Parents, make-up artists, hair stylists, etc. will not be allowed backstage or in the interview waiting rooms; however, they are welcome to assist after the interview takes place. The Student Center is a great place to finish all of those last-minute touch-ups before showtime!
2. Hostesses will be available to assist the contestants with their clothing, etc. backstage and in the interview waiting rooms.

Personal Interview – 30% of total score

1. Interviews at the local level will be a total of 8 minutes. Interviews will take place with a panel of at least 5 judges. The contestants will have a 30-second opening and 7 minutes of questions/answers, followed by a closing (up to 30-seconds) if contestant chooses. A bell will ring when 30-seconds remain, so the contestant knows she may finish out the question she is on or close the interview.
2. Questions will come from a variety of areas, including but not limited to the contestant's application and fact sheet, moral/ethical issues, current events, etc. Contestants should be prepared to answer any type of question asked.

3. Contestant's outfit should reflect her personality and age. This is the first impression you will make on the judges in person! We want to see you in a "teen stylish" outfit. Dress as if you were giving a speech to your student body, interviewing for a job at a trendy boutique, or being introduced as the new class president in front of the entire school. Look professional and confident, but remember, we are a TEEN organization.

On-Stage Question – 10% of total score

1. Contestant will appear in opening outfit.
2. This will be a single question asked on-stage regarding the contestant's Community Service Initiative (CSI), and the response should be no longer than 20 seconds.

Evening Gown – 20% of total score

1. Contestant should wear age-appropriate attire that makes her feel confident!
2. Age-appropriate full-length gowns are appropriate. Shorter attire may be worn, but must be non-revealing when worn on a stage.

Talent/HERStory – 20% of total score

1. Contestant's talent must not be longer than 90 seconds (1 minute and 30 seconds). Email talent track to plfischer@nwosu.edu
2. "Live" accompaniment is not permitted. Only the contestant is permitted on-stage. No other person may be a part of her presentation though background vocals will be allowed as long as they don't overpower the contestant.
3. Talent must be performed live; pantomime and lip-sync are not permitted.
4. Tap dancers may not have accompaniment talent tracks with pre-recorded taps or tap sounds.
5. The sound engineer will not stop and re-start the track as a part of the contestant's performance. If a contestant needs a ten second delay in her performance, then the CD should include a ten second silent spot.
6. No other tracks may be included on the accompaniment track.
7. Background tracks will be approved by the competition.
8. Fire (fire ropes, fire batons, etc.), pyrotechnics, swords, knives or machetes, bow and arrow acts, and the use of live animals are strictly prohibited.

Health and Fitness – 20% of total score

1. **REBEL ATHLETIC – All Miss & Teen Contestants are required to wear RED outfits (top and bottoms) from the Miss America Rebel Red collection for the Health and Fitness competition. The code for Oklahoma is MAOOKGB. Please use this web address to purchase Rebel Wear active wear: <https://www.rebelathletic.com/mao.html>**
2. Each contestant will not exceed 15 seconds during the fitness and health phase of competition.
3. No props are allowed.
4. Any white tennis shoes will work to wear with your Rebel Wear – please wear some you have or borrow from a friend!
5. ***Please order your Rebel Wear active wear set early to allow for plenty of time for shipping!***

REBEL ATHLETIC + MISS AMERICA OPPORTUNITY

How To Use Give Back

LOVE YOURSELF IN A BRAND THAT LOVES YOU

GIVE BACK 7% TO YOUR STATE ORGANIZATION
FOLLOW THESE STEPS & GIVE BACK REBEL LEVEL™ STYLE!

STEP 1
Add items to your cart on [RebelAthletic.com](https://www.rebelathletic.com).

STEP 2
When you are ready to checkout, go to the **SEARCH** bar and type **GIVE BACK**.

STEP 3
ADD THE PRODUCT (1) to your cart.
Note: The GIVE BACK product will be listed at \$1. The next step will zero out the cost.

STEP 4
Go to your cart and **ENTER** your **STATE CODE** in the **DISCOUNT CODE/GIFT CARD BAR**. Click **APPLY**.

STEP 5
Complete the checkout.

YOUR CART

SKIRT IN RED YL	\$138.00 USD	Remove
CRYSTAL COUTURE LONGLINE SPORTS BRA IN RED YL	\$145.00 USD	Remove
GIVE BACK TO YOUR MAO ORGANIZATION	\$1.00 USD	Remove

Subtotal \$397.00 USD
Taxes and shipping calculated at checkout

Subtotal \$396.00
Shipping Calculated at next step
Total USD \$396.00
TOTAL SAVINGS \$1.00

LET'S CONNECT
Follow Us @RebelAthletic
[RebelAthletic.com](https://www.RebelAthletic.com)

Miss Northwestern's Teen



All contestants competing for either Miss or Teen must register for their Miss America membership, which allows them to compete in all levels of Miss America/Miss America's Teen. This is the FIRST STEP to getting the ball rolling to compete in a local competition. The direct link is:

<https://www.club.missamerica.org/ma-membership>. The membership fee is \$49.99 for the year.

**Please be sure to use the SAME email address and phone number all the way through once you begin completing the Miss America membership.*

***Contestants are responsible for CANCELLING the membership before the one-year "join date" anniversary to avoid being charged again for the annual recurring fee charge.*

****After a contestant completes the membership process, an email containing additional information, including the delegate/contestant contract and a link to set up the SpotFund account to raise money for the American Heart Association will be issued from the Miss America Office.*

Miss Northwestern's Teen



2026 Miss Oklahoma's Teen Official Contract

After you register for your Miss America membership and pay the \$49.99 fee online, you will receive a link via email to complete your delegate contract. You will need to email a copy of your completed delegate contract to Paige Fischer at plfischer@nwosu.edu or provide her with a hard copy version of the document.

Miss Northwestern's Teen



American Heart Association Local Contestant Sign-Up

After submitting the contestant/delegate contract, contestants will receive an email with a unique link to complete the SpotFund registration to begin raising funds for the American Heart Association. All local contestants who are competing on the local stage must raise a minimum of \$30 (for each local competition entered) for the American Heart Association through SpotFund.

Miss Northwestern's Teen



Contestant Release and Indemnity Agreement

I, _____ a contestant in *THE 2026 MISS NORTHWESTERN'S TEEN COMPETITION* do hereby knowingly and voluntarily release *The Miss _____'s Teen, Inc.*, their officers, directors, trustees, judges, and employees and any other person, firm, individual, or corporation charged or chargeable with responsibility or liability, their heirs, administrators, executors, successors and assigns from and against any and all claims, lawsuits, demands, damages, loss of service, actions, and causes of action based upon, arising out of, or in any way related to any honors, rights, or awards sought by me as a contestant in the *2026 MISS NORTHWESTERN'S TEEN COMPETITION*, the conduct of business there at, the ownership and possession of any honors, rights, or awards thereby, any negligent act, act of misfeasance or nonfeasance by the referenced competition, or any of their agents, contractors, servants, employees or licensees, in conjunction with any honors or awards bestowed at said listed above from any and all claims that exonerate, hold harmless and indemnify such competition listed above from any and all claims that I or my representative may have against such honors, rights and awards. Such indemnification to include any or all fees (including reasonable attorney's fees), costs and other expenses reasonably incurred by or on behalf of the above actions or causes of action. I have had a full and adequate opportunity to be thoroughly advised of the terms and conditions of this release and indemnity agreement by counsel of my own choosing. I have also been afforded the opportunity to ask any and all questions that I have concerning this document and its execution by me. I do fully understand if selected *Miss Northwestern's Teen*, I will agree to enter into a management contract. I do fully understand the terms of this agreement and do intentionally and voluntarily agree to same.

Contestant's Signature

Contestant's Parent's Signature

NO CONTESTANT MAY COMPETE IN ANY AREA OF COMPETITION IN THE MISS NORTHWESTERN'S TEEN COMPETITION UNTIL THIS DOCUMENT IS COMPLETED.

STATE OF _____

COUNTY OF _____

Sworn To, Subscribed and Acknowledged before me on _____ day of _____, 20____, by _____ who is/are personally known to me or who has/have produced valid identification. Personally Known _____ or Produced Identification _____ Type of Identification Produced _____

(SEAL)

NOTARY PUBLIC

Notary Print Name
My Commission Expires _____

Miss Northwestern's Teen



Fact Sheet Instructions

This is your opportunity to demonstrate to the judges why they should consider YOU for the job at your local and the job of Miss Oklahoma's Teen. This one-page fact sheet, combined with the Community Service Initiative (CSI) will comprise your entire application. The judges will receive exactly what is submitted.



Interview Fact Sheet Instructions

- Must be a single page**
- San serif fonts in sizes 11-14.**
- Margins to be standard 1"**
- Single line spaced typed responses**
- May be submitted as a hard copy**
- May be filled out as online digital form**
- May be a PDF**
- May not include any attachments**
- May not include any graphics or photos**

Please see sample below.

Interview Fact Sheet

Name:

Hometown/Local Title:

Age:

Instagram:

Facebook:

TikTok:

Twitter:

Current Employment or Schooling:

Scholastic/Career Ambition:

Community Service Initiative (CSI):

Performance Talent or HERStory™ Description:

Accomplishments:

Interesting Facts:

Describe your personal health initiatives and alignment with #MissAmericaFit:

What social issue, other than your CSI, will have the greatest impact on your generation and why?

Name three items on your 'bucket list' in the next five years.

Miss Northwestern's Teen



Community Service Initiative (CSI)



COMMUNITY SERVICE INITIATIVE (CSI)

Miss America's Community Service Initiative (CSI) is an integral part of the interview phase of competition, supporting one of the branded elements of Miss America as outlined by the "Four Points" of the crown. The "Four Points" are Style, Scholarship, Service and Success. CSI is specific to the **SERVICE** point of the crown.

The CSI initiative allows you, as a participating Delegate, to showcase and deploy your interests and creativity, to outline a plan or effort to engage within your local community or state existing programs. You may also design your own program for your community or state.

This ONE page submission in san-serif font style of your choice, font sizes from 11-14 only, should include the following:

- A description of your Community Service Initiative passion or interest
- Why you chose this particular initiative
- How you've partnered or will partner with local/state communities to create momentum
- Any social media or marketing strategies that will best support your CSI
- Any activities you have planned or participated in with respect to this CSI

Use of Graphics

At the local level, you may use "header only" graphics approximately ½ inch from the top of the 8.5 x11 page. Graphics may include existing organizations' logos, taglines or other creative efforts. You may use bullet points within your long form essay. Your local/state organization may decide to have you submit your CSI single page electronically, via a form rather than a pdf, through a portal, or other options.

Signature and Date

Please sign and date your submission at the bottom right hand corner, and include your local title. No submissions to be verified without signature.

NOTE: Marketing & Promotional Suggestion

For personal use/promotion - NOT for an interview submission - you may create a fully graphic page for insertion into a state program book, distribution online as a promotional flyer, printed item to distribute during community events or presentations, or as a 'one sheet' to advertise your participation within the Miss America or Miss America's Teen programs online, or while raising funds. There are no guidelines as to promotional creative, other than you must have State/local permission to use Miss America or Miss America's Teen logos.

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Community Service Initiative (CSI) Example

Name: Jane Smith

Title: Miss Northwestern's Teen

Celebrating Cultural Diversity and Inclusiveness

It is imperative that this nation face and embrace its cultural diversity. While many people have talked about this issue, I believe that most of them have only paid lip service to the true necessity of what needs to be addressed related to this issue. There is a false truth in merely accepting and tolerating cultural diversity. I intend to prove that in order to accept and understand people of other cultures; one must be willing to step out of a personal cultural comfort zone and identify the origin of their prejudice. I will specifically focus on three areas: Children, Communities, and Businesses.

The title of Miss America, combined with the national media already looking at the surface of this issue, will allow me to create the national awareness that must exist. Currently, the term "Cultural Diversity" is well known in the halls of institutions of higher learning and, perhaps, even in the public-school classroom because of the need for some to be politically correct. But, in order for us to make a true change in attitudes and behaviors of Americans, we must move beyond talk and into action and policy changes.

My plan is to motivate the media and to partner with the National Conference for Community and Justice. This organization has chapters in every major city in the nation and, in many cases, those chapters have community leaders involved who can, with encouragement and challenging, bring this issue out of hiding and into the public light in each of those communities.

Obviously, the media and the NCCJ already exist. However, what is lacking is a lightning rod to draw attention to this issue. This is where the Miss America Organization steps into the lead. What better role is there for Miss America than to be an agent of change in organizing our nation to accept our differences and to create an environment that values each person on individual characteristics rather than on stereotypes or assumptions?

For years, Miss America was seen as a young woman who cut ribbons and appeared in parades. It is time for "Miss America" to step out of the convertible and lead the parade. Our country's ethnic make-up is changing rapidly and our citizen's fear of terrorism can explode already existing, but deeply hidden prejudices. I want to be the leader that this nation needs.

This nation needs this issue addressed now and through the already existing NCCJ and its local and state organizations combined with the power of Miss America, we can make a concrete difference now, which will change the direction and the future of our nation.

Signature/Date

Miss Northwestern's Teen



Talent Introduction Form

This form is used to prepare the contestant's talent introduction for the script. The introductions should "set the stage" for your presentation. DO NOT discuss background, training, or anything else that does not apply directly to your routine. This introduction should be no longer than 25-30 words and must end with your name. (For example: "There are two lasting gifts we give our children...roots and wings. Here with her interpretation of 'A Piece of Sky' from the motion picture 'Yentl' is Janie Doe.")

Contestant Name: _____

Talent Type (pop vocal, opera, ballet, tap dance, etc): _____

Talent Selection: _____

Please type your suggested Talent Introduction here: _____

To eliminate the possibility of more than one contestant using the same song or piece, there will be no duplication of music or dramatic reading in the talent presentations. The same music **may** be sung by one contestant and danced to, twirled to, played on a musical instrument by, etc. another contestant. However, if one contestant is using a given song in its entirety, another contestant may use a portion of that song as part of a medley as long as it is not the dominant song in that medley. The contestant who turns in the paperwork first will be given first priority.

Remember – **TALENT CANNOT EXCEED 1 MINUTE 30 SECONDS.**

Miss Northwestern's Teen



Health and Fitness Statement

This short statement will be read as you model and pose during the health and fitness phase of competition.

A few examples –

- “To stay healthy and fit, Jen loves to take her Labrador, Benny, on walks!”
- “To stay healthy and fit, Sarah enjoys swimming at her local swimming pool!”
- “To stay healthy and fit, Margot loves to try new recipes with vegetables that are fresh from her family’s farm!”
- “To stay healthy and fit, Cara tries to fill her plate with as many colorful fruits and veggies as possible!”
- “To stay healthy and fit, Amanda enjoys being a part of her junior high cheer squad!”

**Please write your personal health and fitness statement below.
You are welcome to be creative as you would like, but please limit
it to just one sentence:**

Miss Northwestern's Teen



Phone Number and Address Information Sheet

The information contained on this sheet is confidential and for the use of the Miss Northwestern Oklahoma State University Scholarship Competition and its authorized committees only.

Your Full Legal Name: _____

Permanent Home Address:

Street _____

City, State & Zip _____

Telephone # () _____ Email address _____

Your School and/or Employment Address: Date school is out for the summer: _____

School Name _____ Street _____ City, State & Zip _____

Telephone # () _____ Cell # () _____

Your address where you can be reached from the time school is out until the competition:

Street _____ City, State & Zip _____

Email address _____ Telephone # () _____

Mother's Full Name: _____

Street _____ City, State & Zip _____

Home Phone # () _____ Cell # () _____ Work # () _____

Father's Full Name: _____

Street _____ City, State & Zip _____

Home Phone # () _____ Cell # () _____ Work # () _____

I certify that the foregoing information is true and correct to the best of my knowledge.

Contestant Signature

Parent Signature

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Miss Northwestern's Teen



Local Contract

Requirements: Contestant – please initial

- _____ Participate in at least 2 Alva community or campus events when requested.
- _____ Participate in at least 2 community events per month in order to promote her CSI or title.
- _____ Develop her CSI to be used at the Miss Oklahoma's Teen Competition.
- _____ Develop her talent and be willing to seek help from professional coaches in preparation for Miss Oklahoma's Teen.
- _____ Maintain a positive relationship with all sponsors.
- _____ Fulfill media requirements and be available for 1-2 competition work weekends.
- _____ Willingness to do appearances as requested.
- _____ Maintain a strong, positive social media presence on the Miss Northwestern Teen Instagram account.
- _____ Attend ALL Miss Oklahoma's Teen meetings and EVERY day of competition.

Qualities:

- | | | |
|-------------------------|---------------------------|---------------------------------|
| * Talented | * Open Communicator | * Strong Leader |
| * Well Groomed | * Outgoing & Approachable | * Sound Morals |
| * Manageable & Flexible | * Self-Motivated | * Relatable (to all age groups) |
| * Charismatic & Dynamic | * High-Achieving | * Inspiring |

Expectations:

- Promote your chosen CSI throughout the year.
- Commit to prepare for and compete in the Miss Oklahoma's Teen Competition.
- Maintain a lifestyle that is appropriate as a role model.
- Maintain a healthy lifestyle.
- Handle the responsibilities of the job with maturity.
- Punctual.
- Able to relate to people of all ages.
- Mature enough to handle the job and all of its responsibilities.
- Maintain high scholastic goals/maintaining a 2.75 GPA or higher and maintaining an 80% attendance. Will submit to grade and attendance check.
- Have the flexibility to travel for meetings, activities, and events as scheduled.
- Keep an open line of communication with the Director and NWOSU's Board of Directors.

**If at any point in time you are unable to fulfill the duties of NWOSU's Teen, you are expected to give up your title. If NWOSU's Board of Directors feels that you are not able to perform these duties, you will be asked to step down from the position.

Your Full Legal Name _____ Date _____

Parent Full Legal Name _____ Date _____

Miss Northwestern's Teen



Please inform us of any other local competitions you are you planning to compete in between the paperwork deadline of October 6th, 2025, and the date of the rehearsal, which is November 1st, 2025.

Local Competition: _____

Date of Local Competition: _____

Local Competition: _____

Date of Local Competition: _____

Local Competition: _____

Date of Local Competition: _____

Miss Northwestern's Teen



All teens are required to sell one page of ads for the program book. Please be sure to submit photos, business cards, etc. via email to plfischer@nwosu.edu. NWOSU will design the ad page for you, and we want to personalize it for you. You are encouraged to sell as many ads as you are able to for the program book!

Miss Northwestern's Teen



Ad Page Form

CONTESTANT'S NAME: _____

PROGRAM ADS – For those who would like an advertisement in the digital program book.

_____ \$130: Full page ad in the program book (attach business card)

_____ \$80: Half-page ad in program book (attach business card)

_____ \$50: One-fourth page ad in program book (attach business card)

Ad Page Purchaser/Donor's Name: _____

If you purchased an ad page, how should your name and/or business or organization name be listed in the program book? _____

Phone Number: _____ **Email Address:** _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Make checks payable to: **Miss Northwestern**

(Your cancelled check will serve as your receipt for tax purposes).

For ad design purposes, all AD INFO, pictures, and payments must be received by: October 6th, 2025.

Please remit to:

Paige Fischer, Executive Director, Miss Northwestern Organization

709 Oklahoma Blvd.

Alva, OK 73717

plfischer@nwsu.edu

Miss Northwestern's Teen



Payment information

*Please submit this sheet with your paperwork.

*All checks may be made payable to Miss Northwestern.

Fee	Cost	Payment Method	Date
Entry Fee for Miss Northwestern's Teen Competition	\$100.00		
Ad Page Sales (Minimum Amount)	\$130.00		
Advance Ticket Sales to the Competition	\$80.00		
Total	\$310.00		

Additional reminder: Please order your Rebel Wear active wear set ASAP to allow for plenty of time for shipping!