

NORTHWESTERN OKLAHOMA STATE UNIVERSITY
GRADUATE PLAN OF STUDY
Master of Counseling Psychology - 48 Hour Program

Name:

Student ID#:

PROGRAM	Hours	Semester
Required Course (during first semester of graduate work)		
UNIV 5010 Graduate Study Seminar	0	
Required Classes (27 hours)		
➤ Human Growth & Development		
PSYC 5183 Human Growth and & Development	3	
➤ Abnormal Behavior		
PSYC 5213 Advanced Abnormal Psychology	3	
➤ Appraisal or Assessment Techniques		
PSYC 5173 Statistics of Assessment	3	
➤ Counseling Theories & Methods		
PSYC 5863 Individual Counseling	3	
PSYC 5803 Counseling Strategies & Techniques (<i>Pre: PSYC 5863</i>)	3	
➤ Professional Orientation & Ethics		
PSYC 5013 Ethics	3	
➤ Research		
EDUC 5013 Introduction to Research	3	
➤ Social & Cultural Foundations		
PSYC 5823 Multicultural Counseling (<i>Pre: PSYC 5863 or Concurrently</i>)	3	
➤ Group Dynamics		
PSYC 5813 Group Counseling (<i>Pre: PSYC 5863</i>)	3	
Choose Plan 1, Plan 2, or Plan 3 for the final 21 hours		
1. Practicum/Internship		
PSYC 5893 Supervised Experience in Counseling (<i>Pre: PSYC 5803</i>)	3	
PSYC 5500 Practicum (<i>1st semester; (Pre: PSY 5803, 5813, 5893)</i>)	3	
PSYC 5500 Practicum (<i>2nd semester, (Pre: PSYC 5500 1st Semester)</i>)	3	
PSYC 5833 Career Education	3	
PSYC 5133 Assessment: Achievement, Personality, and Cognitive Assessment (<i>Pre: PSYC 5173</i>)	3	
Elective: _____	3	
Elective: _____	3	
2. Thesis Option		
PSYC 5330 Thesis	6	
PSYC 5833 Career Education	3	
PSYC 5133 Assessment: Achievement, Personality, and Cognitive Assessment (<i>Pre: PSYC 5173</i>)	3	
Elective: _____	3	
Elective: _____	3	
Elective: _____	3	

3. Additional Electives Option

PSYC 5833 Career Education 3

PSYC 5133 Assessment: Achievement, Personality, and
Cognitive Assessment (*Pre: PSYC 5173*) 3

Elective: _____ 3

TOTAL HOURS: (minimum 48 hours required)

Approved: (*original signatures required*)

Student: _____ Date: _____

Advisory Committee:

Chair _____ Date: _____

Member _____ Date: _____

Member _____ Date: _____

Associate Dean of Graduate Studies: _____ Date: _____

Form revised 08.08.17, 9.9.2019, 10.27.2025

In what state would you plan to practice?

Elective Options

- **Personality Theories**
PSYC 5623 Advanced Personality

- **Crisis Intervention Strategies**
PSYC 5253 Intervention Strategies for Counselors

- **Counseling With Children & Adolescents**
PSYC 5613 Advanced Child Guidance
PSYC 5513 Advanced Adolescent Guidance

- **Marriage & Family Counseling**
PSYC 5203 Family Systems

- **Psychopharmacology**
PSYC 5293 Psychopharmacology

Elective Options (Continued)

➤ **Addictions Counseling**

PSYC 5023 Advanced Substance Abuse Counseling

PSYC 5283 Addictions Studies ~ Advanced

PSYC 5353 Addiction and the Family--Theory

PSYC 5363 Addictions and the Family Counseling (*Pre: PSYC 5353*)

➤ **Human Sexuality**

PSYC 5043 Advanced Human Sexuality

➤ **Appraisal/Assessment Techniques**

PSYC 5313 Advanced DSM-V

➤ **Trauma**

PSYC 5373 Overcoming Child Trauma

➤ **Social Psychology**

PSYC 5053 Advanced Social Psychology

➤ **Cognitive Psychology**

PSYC 5453 Advanced Cognitive Psychology