# YOU'RE NOT ALONE!!!

# **Helping Single Parents with:**

- \* Academic Support
- \* Mentorship Program
- \* Networking Opportunities
- \* Resource Library
- \* Essentials Pantry
- \* Family Activities



## **NWOSU RESOURCES**

#### ACADEMIC SUPPORT

Dr. Wayne McMillin

580-213-3116

The Enid Campus Dean will help you achieve your goal of graduating from college by providing additional support and guidance.

Academic Success Center 580-327-8169

The Academic Success Center provides peer tutoring in writing, math, business, and the sciences. Assistance can be provided in locating tutors for other courses as well.

#### **COUNSELING SERVICES**

**Taylor Wilson** 

580-327-8547

The Counselor seeks to support the emotional, personal, social, and intellectual growth of all members of the university community.

#### FINANCIAL AID/SCHOLARSHIPS

**Financial Aid** 

580-327-8542

Discuss with Financial Aid on how to get help in paying for college. Apply each year for scholarships and financial aid.

#### TEXTBOOK ASSISTANCE

**Tiffany Misak** 

580-213-3102

Check with the Enid Campus about your options for buying and renting textbooks.

# Northwestern Oklahoma State University

Enid Campus 2929 E. Randolph Enid, OK 73703

#### **Tiffany Misak**

**Campus Coordinator** 

Phone: 580-213-3102 Fax: 580-213-3150 E-mail: tdmisak@nwosu.edu

#### Karibeth Hofen

Administrative Assistant

Phone: 580-213-3101 Fax: 580-213-3150 E-mail: khofen@nwosu.edu

# Northwestern Oklahoma State University

Alva Campus 709 Oklahoma Boulevard Alva, OK 73717

### **Calleb Mosburg**

Dean of Student Affairs & Enrollment Management

Phone: 580-327-8415 Fax: 580-327-8413 E-mail: cnmosburg@nwosu.edu





# SINGLE PARENT RESOURCE DIRECTORY

# **Enid Area**



The NWOSU Single Parent Support Network is made possible by a grant from the Women's Foundation of Oklahoma.



# **COMMUNITY RESOURCES**

#### EARLY CHILDHOOD

CDSA	580-242-6600
Child Abuse Hotline	800-522-3511
Hearing, WIC, Lactation Consult.	580-233-0650
Sooner Start	580-233-0650
Hedges Speech & Hearing	580-234-3734
Integris Bass Baptist Lactation Consultant	580-548-1561
ParentPRO	877-271-7611
St. Mary's Regional Hospital OB	580-249-3437

#### **CDSA Resources**

Child Care Resource Referral 800-434-0008 Diaper Bank 580-242-6131

Developmental & Vision Screenings

Interactive Playgroups (0-4)
\*Mondays & Wednesdays from 9:30-11:30AM

Child Care Resource & Referral

Safe Sleep Newborn Kits

#### **Activities & Programs**

Cherokee Strip Regional Heritage Center	580-237-1907
Cimarron Council Boys Scouts of America	580-234-3652
Denny Price YMCA	580-237-4645
Enid Joint Recreation Triad	www.ejrt.org
Enid Public Library	580-234-6313
Girls Scouts Western Oklahoma	580-234-6400
Leonardo's Children's Museum	580-233-2787

#### Childcare

DHS approved childcare can be found at www.childcarefind.okdhs.org/childcarefind/

#### **EDUCATION**

City of Enid

Enid Chamber of Commerce

Chisholm Public Schools	580-237-5512
Cimarron Public Schools	580-796-2204
Drummond Public School	580-493-2271
Enid Public Schools	580-366-7000
Garber Public School	580-863-2231
Hillsdale Christian	580-635-2211
Kremlin Hillsdale School (High School)	580-874-2281
Kremlin Hillsdale School (Elementary)	580-874-2283
Pioneer Public School	580-758-3247
Waukomis Public Schools	580-758-3247
Autry Technology Center	580-242-2750
CDSA YouthBuild	. , ,
~ ~ ~ ~ · · · · · · · · · · · · · · · ·	580-242-6131
Enid Public Library-Adult Computer Classes	580-234-6313
NOC-Enid Campus	580-242-6300
NWOSU-Enid Campus	580-213-3101
OSU Extension Office	580-237-1228
Workforce Innovation and Opportunity Act	580-234-6043
CITY SERVICES	

580-234-0400

580-237-2494

## **COMMUNITY RESOURCES**

#### EMPLOYMENT ASSISTANCE

580-242-6131
580-233-0244
580-233-0000
580-234-1267
580-234-6043
580-234-6043

#### FOOD

Health Department (WIC Program) 580-256-6416 Department of Human Services 580-254-6000

#### **Food Pantries**

Bethany United Methodist Church 580-23
\*1st & 2nd Wednesday of the Month from 9-11AM 580-237-6611 Leaves and Fishes 580-540-9830 \*Monday/Wednesday 1-4PM, Tuesday/Thursday 3-6PM North Garland Church of Christ 580-237-4658 580-237-4658 \*Every Thursday 9-11:30AM (Except 1st Thurs. of each month)

### One time per month per family

Salvation Army 580-237-1910 \*Groceries every 4 months by appointment only

#### **Meals Served**

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1st Presbyterian Church	580-237-5413
*Saturdays 11AM-Noon	
Our Daily Bread	580-242-5718
*Monday-Friday 7AM-Noo	on
Salvation Army	580-237-1910
*Every Monday-Sunday fro	om 6-6:30PM
University Place	580-234-5221
*Monďays at 6PM except 1	st Monday of every month

#### HOUSING

CDSA Housing	580-242-6131
Fair Housing Complaint-Enid	580-234-0400, ext. 7211
Fair Housing HUDD Hotline	800-669-9777
HUD Voucher	www.ohfa.org
Mercy House	580-540-2223
*November 1st-February 28th	, July 1st-August 31st
Salvation Army	580-237-1910

#### **Utility Assistance**

Ctiffy 113515tuffee	
Catholic Charities	580-237-7352
CDA Housing Counseling	580-242-6131
Community Care & Homeless Ministry	580-237-4800
DHS	580-548-2100
Salvation Army	580-234-1910
St. Gregory's Church	580-233-4589
Willow Road Christian Church	580-234-2119

#### **Emergency Shelter**

Mercy House	580-540-2223
*November 1st-February 28th, July 1st-August 31st	
Salvation Army	580-237-0114
YWCA Women's Shelter	580-234-7644

#### HANDICAPPED/DISABLED

Client Assistance Program	800-522-8224
Department of Human Services	580-548-8900
Oklahoma Disability Law Center	800-226-5883
Oklahoma Parent Center	877-553-4332
Vocational Rehabilitation	580-233-0244

# **COMMUNITY RESOURCES**

COMMUNITY	SOURCES
MEDICAL/HEALTH	
CDSA RX for Oklahoma	580-242-7928
DHS	580-548-2100
Enid Community Clinic	580-233-5300
Express Wellness Urgent Care	580-234-9355
Garfield Co. Health Department	580-233-0650
Garfield County Health	580-242-1300
Great Salt Plains Health Center	580-233-0650
Harmon Denture Clinic, Pawnee	877-573-9333
NW Center for Behavioral Health	580-234-3791
Sooner Care	800-987-7767
MENTAL HEALTH/COUNSELING	
ATS Counseling Focus Institute	580-242-4673
Catholic Charities	580-237-7352
Great Salt Plains Health Center	580-233-2900
NW Center for Behavioral Science	580-234-3791
The Byrne Center	580-548-6914
Youth & Family Services	580-233-7220

#### HOTLINES

211 Helpline	211
Abuse Ĥotline	800-722-4996
Adult Protective Services 24HR	800-522-3511
Alcohol & Abuse Hotline	800-821-4357
Alcoholics Anonymous	580-254-3899
BACA (Bikers Against Child Abuse)	877-442-2286
Child Abuse Hotline	800-522-3511
Crisis Intervention	800-522-9054
Domestic Violence Hotline	800-799-7233
Narcotics Anonymous	580-254-3899
Northwest Behavioral Health 24HR	580-234-3791
Oklahoma Safe Line	800-522-7233
Poison Control Center	800-522-4611
Pregnancy Hotline	800-982-7310
Red Cross 24HR	580-237-5994
RX for Oklahoma	580-242-7928
Sexual Assault Hotline	800-400-088
Suicide Prevention Lifeline	800-273-8255
Vance Family Support Center	580-213-6330
Youth & Family Services-Runaway	580-233-7220
Youth Crisis & Runaway	800-448-4663
Youth Crisis Mobile Response	833-885-CAR
Youth Violence Prevention	866-723-3968
YWCA Crisis Hotline 24HR	580-234-7644
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#### OTHER RESOURCES

Enid Transit	580-616-4355
Habitat for Humanity	580-237-0114
Hope Outreach	580-237-2292
Legal Aid Services Of Oklahoma, Inc	888-534-5243
University Place (Clothing)	580-234-5221
*Mondays 3-6PM, Fridays 9AM-No	on

#### **EMERGENCY SERVICES**

Ambulance, Fire, and Police	911
Garfield County Sheriff	580-233-3114
Enid Fire Department	580-234-0541
Enid Police Department	580-242-7000