

2017-18 Health and Sports Science Education Department Diversity Report

The department encourages diversity through its course offerings as well as through its various sports programs. Some examples of such activities and programs are:

2303 Wellness Concepts

Topics covered: Health disparities among different ethnic groups, socioeconomic groups, gender groups, and age groups.

3112 Adapted Physical Education

Topics covered: Adaptations for students with special needs, teaching and instruction modifications are discussed and employed.

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3650 Elementary School Program, 4233 Teachers Course

Topics Covered: In both classes discussion cover methods and techniques to modify activities with students who have special needs. Mental and physical special needs

2621 Techniques of Teaching Rhythms and Aquatics

Different ethnic dances are taught.

PE&R 4672/Theory of Coaching

Diversity Awareness issues in regard to women seeking and accepting positions as coaches of male athletic teams that are traditionally dominated by male coaches.

Concepts of Aerobics (H & PE 1462)

This course covers topics pertaining to the disabled population. We cover special considerations for the disabled pertaining to physical activity...as well as covering the health benefits associated with choosing a physically active lifestyle for all people.

School and Community Health (H ED 2102)

Health and Sports Science covers a variety of topics dealing with different minorities. Examples of topics covered are sexual harassment, mental disorders, and addictions, recognizing and accepting cultural differences, and being sensitive to individual differences in general.

HED 3202 Therapeutic Recreation

This class meets criteria for Diversity Awareness in Higher Education because a therapeutic recreation specialist works to encourage, assist, and accommodate clients of all ages including students who suffer from countless types of musculoskeletal, neurological, neuromuscular impairments, along with injuries, etc. They assist clients to help improve their quality of life and to ease pain or suffering.

3212 Fitness Assessment and Exercise Prescription-

We discuss differences in body fat, muscle mass, and bone density between different ethnicities, including African Americans and Native Americans.

HED 1820, Nutrition,

Diversity Awareness in talking about nutritional deficiencies that effect low-income community, poverty countries, the elderly and some that are more prevalent in people with disabilities. We also look at the difference between a North American Diet and the diet of other Countries.

Recreational Leadership PE&R 3662

In Recreational Leadership, we cover the history of Recreation and how minorities were discriminated against in the past. We also cover the diversity of the recreational management field today.

Organization/Management of Intramurals PE&R 4622

In Organization and Management of Intramurals, we cover the history of Intramurals and how minorities and women were discriminated against in the past. We also extensively cover Title IX and its impact on both intercollegiate athletics and intramurals.

HED 4223 Teachers Course

Teacher candidates in Health and Sports Science Education are required to complete units, lesson plans, and formal assessments that demonstrate understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.

Internship Courses:

HED 4233 Internship I and HED 4243 Internship II

Students majoring in Fitness Management complete 96 hours each in Internship I and II, working with students, faculty, and community members in the Wellness Center that requires interaction with all populations including underserved, minority or socio-economically disadvantaged.

Training and Conferences attended: Dr. Chandler Mead and Mr. Shane Hansen

Oklahoma Association for Health, Physical Education Recreation & Dance Oct. 16-17, 2017

Sessions attended:

Bring the Standards to life: ways to Implement the P.E. Standards in Your Gym

This session offers curriculum examples and resources to assist physical education teachers in implementing their subject matter standards.

Inclusive PE: Strategies for Including ALL Students

Learn how PE teachers can adapt skill-building activities and games to include students with disabilities.

Individualizing Instruction for All Learners

Participants will learn how to implement an alternative approach to teaching activity and assessing performance using the ecological task analysis method. This method is designed to provide strategies for individualizing instruction, to provide students with choices, to enhance decision making, to increase teacher observation, and to foster student discover in physical education.

The Oklahoma Association of Colleges for Teacher Education & The Oklahoma Office of Educational Quality & Accountability

Sessions attended:

Integrating Factors of Grit in School Culture: Case Studies of Two Diverse Freshman Academies

The “grit” narrative has become both popular and controversial, especially regarding diversity issues. Douglas’s framework offers an explanation of culture that transcends common understanding of diversity, thereby, equipping participants with an important tool in their pursuit of cultural competency. Through specific theory-to-practice examples, grit will be discussed in the light of how constructions of grit can be contextually and appropriately integrated in school

environments. This session focuses on cultural theory to explain aspects of grit contextually embedded in two diverse freshman academies.

Using Visual Methods to Engage to Secondary Students with Global Perspectives

This session focuses on the use of visual methods such as photo elicitation and Photo voice in the secondary classroom. These methods use visual technology and interviewing skills to promote cultural understanding and positive social change where injustices are found. Their use can also be effective in helping students engage with literature and texts they might otherwise see as irrelevant or unimportant to them.

Bridging the Gap: Building Partnerships with PK-12 Schools to Meet ELL Needs

This session will expose participant to the background information of the Hispanic culture and ways that this culture impacts ELL students (i.e. family values, cultural traditions, views of education). Presenters will focus on how ELL students learn and process language in a new environment as well as ways EPPs can create partnerships with PK-12 schools for meaningful experiences that translate into the teacher education preparation instruction of pre-service teachers.

Co-Teaching: Meeting the Needs of Diverse Learners of the Future

This session focuses on the use of a co-teaching model at the university level that integrates and encourages collaboration between general and special education teacher candidates in reading and mathematics methods courses. Co-taught courses more fully prepare teacher candidates to meet the diverse needs of all learners in inclusion classrooms of the present and future. This session will also focus on a hands-on approach to exploring co-taught teacher education preparation courses, including information about piloting a co-teaching model for student teaching in PK-8 inclusion classrooms.