

HSSE Fitness Management Major/Minor Degree

Suggested Enrollment Plan for Freshman Student

FRESHMAN YEAR				
Fall - 16 hours		Completed	Spring - 16 hours	
Course	Completed	Course	Completed	
UNIV 1010 Ranger Connection		ENGL 1213 Composition II		
ENGL 1113 Composition I		Biological Sciences/Chemistry 1105		
MATH 1403 Contemporary Math or MATH 1513 College Algebra		POLS 1113 American Federal Government/Politics		
Leadership		U.S. History or Humanities/Religion		
HIST 1483/1493 U.S. History or Humanities/Religion		SCOM 1113 Introduction to Speech Communication or FIN 1113 Personal Finance		
SCOM 1113 Introduction to Speech Communication or FIN 1113 Personal Finance				

SOPHOMORE YEAR				
Fall - 16 hours		Completed	Spring	
Course	Completed	Course	Completed	
H ED 2303 Wellness Concepts		H ED 1252 Intro to HPE MW 11:00		
Biological Sciences/Chemistry 1105		H ED 1820 Nutrition MW 9:00		
Human Heritage & Culture elective (PSYC/SOC/HIST/GEOG/CJUS/SCOM/SPAN/ART)		PE&R 1462 Concepts of Aerobics MW 10:00		
Humanities/Religion		ACCT 2003 Survey of Accounting or 2123 Fin. Acct. (online)		
H ED 2211/2221 First Aid/Advanced MW or TR 8:00		PSYC 2113 Psych. Of Adjustment (online)		
		Elective Theory (3-4 hours)		

JUNIOR YEAR				
Fall		Completed	Spring	
Course	Completed	Course	Completed	
H ED 3103 Athletic Injuries MWF 9:00		PE&R 4603 Kinesiology MWF 9:00		
H ED 3202 Therapeutic Rec. MW 10:00		PE&R 3693 Physiology of Exercise 10:00		
H ED 3112 Adapted MW 11:00		MRKT 3043 Principles of Marketing (online or MWF 11:00)		
H ED 3212 Fitness Assess. & Ex. Presc. TR 11:00		MGMT 3063 Principles of Management (online or MWF 1:00)		
H ED 3221/3231 Teach. Comm. Act. I & II MW 1:00		Elective Theory (3-4 hours)		
Elective Theory (4-5 hours)				
Request Degree Audit				

SENIOR YEAR				
Fall		Completed	Spring	
Course	Completed	Course	Completed	
H ED 4233 Internship I (arranged)		H ED 4243 Internship II (arranged)		
BIOL 3184 Human Anatomy MWF 11:00		Elective Theory or Hours to Meet 120		
MCOM 3463 Intro to Strategic Comm. MWF 10:00				
Elective Theory (4-5 hours)				