

**Dr. H. Courtney Ballina**  
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**580-327-8497**

**Education**

<u>Institution</u>	<u>Degree</u>	<u>Date Conferred</u>	<u>Field(s) of Study</u>
University of Wisconsin- Eau Claire	BSN	12/2004	Nursing
Metropolitan State University	MSN	4/2012	Family Nurse Practitioner
Samford University	DNP	8/2017	Nursing Administration/Education

**Certifications and Licensure**

<u>License/Certification</u>	<u>State</u>	<u>Number</u>	<u>Date</u>
CNP- Family	OK	M0126264	2017- Present
Advanced Practice Nurse Prescriber	WI	6332	2015- Present
APRN	MN	3623	2015- Present
APRN	MA	RN2360914	2022- Present
RN	WI (Multi-state)	149808-030	2004- Present
RN	MN	2079437	2012- Present
RN	MA	RN2360914	2022- Present
AANP Certification	National	F0512277	2012- Present
AHA- Basic Life Support	National		Current

**Professional Experience**

<u>Dates</u>	<u>Institution and Location</u>	<u>Academic Position</u>
August 2017- Present	Northwestern Oklahoma State University, Alva, OK	DNP Program Director/ Associate Professor
<u>Dates</u>	<u>Institution and Location</u>	<u>Clinical Position</u>
January 2019-present	Inner Strength Health and Wellness	Nurse Practitioner/Owner
October 2019-2023	Everside Healthcare	Nurse Practitioner

January 2016- 2021	St. Croix Hospice	Nurse Practitioner
June 2014- January 2019	Hudson Physicians, Hudson, WI	Family Nurse Practitioner
June 2012- March 2016	Target Clinics, Minneapolis, MN	Family Nurse Practitioner
August 2006- October 2011	Westfields Hospital, New Richmond, WI	Staff RN
February 2005- November 2006	Dove Healthcare, Eau Claire, WI	Staff RN

### Awards and Honors

2021	Excellence in Diversity- NWOSU
2014	Unsung Hero Award- Convenience Care Association
2012	District Healthcare Leader of the Year- Target Clinic
2012	Leader of the Month- Target Clinic
2005	Rookie of the Month- Dove Healthcare

### Clinical Scholarship/Research Presentations

April 22, 2021	Cultural intelligence, inclusion, and belonging in times of uncertainty in NP education. Panel presentation: NONPF Annual Conference
March 27, 2021	Microaggressions: What they are and what can I do about them? ONA Leadership Meeting, Online presentation
August 26, 2020	Developing Awareness of Microaggressions in Academia.
May, 2017	Using Chief Complaints to Determine Appointment Durations in a Primary Care Clinic. Poster session presented at the DNP Project Poster Presentations, Birmingham, AL.

### Publications

Ballina, C. (2015). The saga of the sore throat. *Contemporary Clinic, 1*, <http://contemporaryclinic.pharmacytimes.com/journals/issue/2015/2015-vol1-n1/the-saga-of-the-sore-throat>

### **Educational Presentations**

Richard-Eaglin, A.; Ballina, H.C. (Aug2020). Developing awareness of microaggressions in Academia.[Part 2 of a 3 part webinar series *Eliminating Microaggressive Behaviors in Academia*]. NONPF

### **Professional Memberships**

2017-Present	Sigma Theta Tau (STT)
2017- Present	National League of Nursing (NLN)
2017- Present	American Association of Colleges of Nursing (AACN)
2017- Present	National Organization of Nurse Practitioner Faculty (NONPF)
2012- Present	American Association of Nurse Practitioners (AANP)
2009- Present	Wisconsin Nurses Association (WNA)
2009- Present	American Nurse Association (ANA)
2012- 2020	Minnesota Nurse Practitioners (MNNP)
2015- 2017	American Organization of Nurse Executives (AONE)

### **Professional Service**

May 2023-present	NONPF National Conference Planning Committee
September 2021-Present	NONPF Determinants of Health SIG
September 2021-Present	NONPF Directors SIG
May 2019-Present	NONPF Diversity SIG, Microaggressions subcommittee
November 2015-November 2018	Communications Liaison (Board member): MNNP
April 2015-March 2016	Editorial board: Contemporary Clinic
February, 2016	Minnesota Antibiotic Stewardship Workgroup
January 2013-March 2016	Clinical Peer Advisement Committee: 2013-2015 member, 2015-2016 Chair

### **Academic Service Teaching**

Fall, 2017	NURS 6113: Advanced Pathophysiology, 3 credit hours NURS 6263: Health Policy, Ethics, Economics, and Advanced Nursing Practice, 3 credit hours
Spring, 2018	NURS 6423: Interprofessional Leadership, Collaboration, and Communications, 3 credit hours
Summer 2018	NURS 6132: Advanced Holistic Assessment, 3 credit hours
Fall, 2018	NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6243: Population Health and Health Promotion, 3 credit hours
Spring, 2019	NURS 6423: Interprofessional Leadership, Collaboration and Communications, 3 credit hours
Summer 2019	NURS 6133: Advanced Holistic Assessment, 3 credit hours Residency Coordinator
Fall 2019	NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6143: Advanced Pharmacotherapeutics, 3 credit hours NURS 6521 DNP Project 1 (0.25 credit/student)
Spring 2020	NURS 6313: Primary Care of the Adult, 3 credit hours didactic, 4 credit hours practicum NURS 6531 DNP Project 1 (0.25 credit/student)
Summer 2020	NURS 6133: Advanced Holistic Assessment, 3 credit hours NURS 6432: Role Development for the DNP, 2 credit hours Residency Coordinator NURS 6541 DNP Project 1 (0.25 credit/student)
Fall 2020	NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6243: Population Health, 3 credit hours NURS 6521 DNP Project 1 (0.25 credit/student)
Spring 2021	NURS 6313: Primary Care of the Adult, 3 credit hours didactic, 4 credit hours practicum 6531 DNP Project 1 (0.25 credit/student)
Summer 2021	NURS 6133: Advanced Holistic Assessment, 3 credit hours NURS 6432: Role Development for the DNP, 2 credit hours Residency Coordinator NURS 6541 DNP Project 1 (0.25 credit/student)
Fall 2021	NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6243: Population Health, 3 credit hours NURS 0610: DNP Orientation 0 credit hours (counts for 1 credit workload)  NURS 6521 DNP Project 1 (0.25 credit/student)
Spring 2022	NURS 6313/6314: Primary Care of the Adult, 3 credit hours didactic, 4 credit hours practicum NURS 6531 DNP Project 1 (0.25 credit/student)
Summer 2022	NURS 6133: Advanced Holistic Assessment, 3 credit hours Residency Coordinator

	NURS 6511 DNP Project 1 (0.25 credit/student) NURS 6541 DNP Project 1 (0.25 credit/student)
Fall 2022	NURS 6353/6354: Primary Care of Families- Women 3 credit hours didactic, 2.5 credit hours practicum NURS 0610: DNP Orientation NURS 6521 DNP Project 1 (0.25 credit/student)
Spring 2023	NURS6373/6374 Gerontology in Primary care 3 credit hours didactic, 2.5 credit hours practicum NURS 6531 DNP Project 1 (0.25 credit/student)
Summer 2023	NURS 6133: Advanced Holistic Assessment, 3 credit hours Residency Coordinator NURS 6541 DNP Project 1 (0.25 credit/student)
Fall 2023	NURS 6143: Advanced Pharmacotherapeutics, 3 credit hours NURS 0610: DNP Orientation 0 credit hours (counts for 1 credit workload) NURS 6253: Health Systems, Informatics, and Quality Management, 3 credit hours NURS 6521 DNP Project 1 (0.25 credit/student)

### Academic Service

August 2021-present	NWOSU	Admissions Committee/Co-chair
August 2019-present	NWOSU	Faculty Development Committee
August 2018-present	NWOSU	Student Committee
August 2020- July 2021	NWOSU	Faculty Evaluation and Development Committee
August 2018- May 2019	NWOSU	Diversity Committee
January 2009- April 2012	Nursing Student Organization- Metropolitan State University	President

### Community Service

2023	Global Rural Nursing Exchange Network- Community of Practice Committee
2023	NONPF Conference Planning Committee
2017, 2018, 2019	New Richmond Youth Soccer Team Manager, Board member (Webmaster)
2017-present	New Richmond Youth Hockey Team Manager

2019-2021	New Richmond Fast Pitch Club Team Manager, Board member (Communications director 2019, VP 2020)
March 2018- March 2019	New Richmond Leadership Trust Initiative
August 2018- January 2021	St. Croix County, WI Foster Care Recruitment and Retention Team

## Professional Development

April 2023	NONPF 49 <sup>th</sup> National Conference
January 2023	AACN Doctoral Conference
December 2022	NONPF Fall Conference
April 2022	NONPF 48 <sup>th</sup> National Conference
November 2021	NONPF Fall conference
April 2021	NONPF 47 <sup>th</sup> National Conference
November 2020	NONPF Fall Conference
April 2020	NONPF 46 <sup>th</sup> National Conference
April 2019	NONPF 45 <sup>th</sup> National Conference
March 2018- November, 2018	Leadership Trust Institute- New Richmond Wisconsin
August, 2018	Identifying Messages to Promote Value & Education (IMPROVE) of Generic Prescribing: 0.25 CE
June, 2018	AANP National Conference: 26.39 CE, 3.74 pharmacology CE
December, 2017	MNNP Annual Education Conference: 8.5 CE, 1.0 pharmacology CE
January, 2017	Hospice: Understanding Hospice Eligibility: 1.0 CE
January, 2017	Management of Common Symptoms at End of Life: 1.0 CE
January, 2017	Understanding and Managing Chronic Pain: 2.0 CE
May, 2016	Prescribing Opiates Responsibly: Treating Pain Without Feeding Addiction
June, 2015	AANP National Conference: 30.5CE, 0.76 pharmacology CE
June, 2015	Tobacco Cessation- Behavior Counseling and Pharmacotherapy: 2.5 CE
September, 2014	AANP Specialty and Leadership Conference: 21.25CE, 3.0

	pharmacology CE
2014	Prescriber's Letter CME in the Letter: 14.4 pharmacology CE (1.2 Monthly)
2013	Prescriber's Letter CME in the Letter: 14.4 pharmacology CE (1.2 Monthly)