

Student Name: _____

Phone Number: _____

Health and Sports Science Education B.S. Degree (Option 1)

General Education Requirements- see catalog from enrollment year

Semester	Course	Major	Rotation	Grade
	PE&R 1462 Concepts of Aerobics	2		
	H ED 1820 Nutrition	2		
	H ED 2102 School and Community Health	2		
	H ED 2211 Injuries & First Aid	1		
	H ED 2221 Advanced First Aid	1		
	H ED 2303 Wellness Concepts	3		
	H ED 3103 Athletic Injuries	3		
	H ED 3112 Adapted Physical Education	2		
	PE&R 3662 Recreational Leadership	2		
	H ED 4112 Organization & Administration of Health & P.E.	2		
	PE&R 4502 Legal Liabilities in Sports & Recreation	2		
	PE&R 4603 Kinesiology/Motor Learning	3		
	PE&R 4622 Organization & Management of Intramural Sports	2		
	See Elective Theory Courses Listed Below	13 or 16*		

**16 hours for Exercise & Sports Psychology minor, 13 hours for all other minors*

Total Hours 40 or 43

Elective Health and Sports Science Education Theory Classes

Semester	Course	Major	Rotation	Grade
	HED 1252 Introduction to Health and P.E.	2		
	H ED 2601 Techniques of Teaching Team Sports	1		
	H ED 2611 Techniques of Teaching Individual/Dual Sports	1		
	H ED 2621 Techniques of Teaching Rhythms & Aquatics	1		
	HED 3212 Fitness Assessment & Exercise Prescription	2		
	H ED 3202 Therapeutic Recreation	2		
	H ED 3221 Teaching Community Activities I	1		
	H ED 3231 Teaching Community Activities II	1		
	PE&R 1142 Foundations of Sport & Lifetime Activity	2	Summer only	
	PE&R 3693 Physiology of Exercise	3		
	PE&R 3632 Sports Officiating	2		
	PE&R 3650 Elementary School Program	3		
	PE&R 4632 Theory of Coaching Football	2	Spring only	
	PE&R 4652 Theory of Coaching Baseball	2	Fall only	
	PE&R 4662 Theory of Coaching Track	2	Spring only	
	PE&R 4672 Theory of Coaching	2	Spring only	
	PE&R 4692 Theory of Coaching Volleyball	2	Spring only	
	PE&R 4490 Readings in Physical Education	3	By Arrangement	

Minor:

Minor field of study must be selected with this B.S. Degree

Notes: