

EXERCISE CLASS SCHEDULE

Fall 2011

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| Pilates 8:30- 9:30 am Julie | Pilates 8:30- 9:30 am Julie | Pilates 8:30- 9:30 am Julie | Pilates 8:30- 9:30 am Julie | Pilates 8:30- 9:30 am Julie |
| | Cycling 5:30-6:30pm Laura | | Cycling 5:30-6:30pm Laura | |
| Yoga 6:00- 7:00 pm Dr. Moorthy | | Yoga 6:00- 7:00 pm Dr. Moorthy | | Yoga 6:00- 7:00 pm Dr. Moorthy |