



# Year-by-Year Results/Series Records

## 2001

(4-14 overall, 3-9 SAC)

Aug. 25	at Central Oklahoma	L 0-8
Aug. 29	at *St. Gregory's	L 0-1 (OT)
Sept. 7	n - Dallas (Tex.) Baptist	L 1-2
Sept. 11	*Science and Arts	W 1-0
Sept. 12	Northwood (Tex.)	L 1-5
Sept. 16	Southwestern Oklahoma	L 0-2
Sept. 18	*Wayland (Tex.) Baptist	W 4-0
Sept. 23	at *Oklahoma City	L 0-12
Sept. 25	at *Southern Nazarene	L 0-4
Sept. 28	*Oklahoma Christian	L 0-4
Oct. 4	at *Science and Arts	L 0-3
Oct. 9	at *Oklahoma Christian	L 0-1
Oct. 11	*Oklahoma City	L 0-4
Oct. 13	*Southern Nazarene	L 0-1
Oct. 19	at *St. Gregory's	L 0-4
Oct. 21	College of the SW (N.M.)	L 1-4
Oct. 25	Central (Kan.) Christian	W 1-0
Oct. 27	at *Wayland Baptist	W 3-1

\* - Sooner Athletic Conference game  
n - played at a neutral site

## 2002

(13-7 overall, 5-4 SAC)

Aug. 30	at College of the SW (N.M.)	L 1-4
Aug. 31	at Univ. Texas-Permian Basin	W 6-0
Sept. 7	*Wayland Baptist (Tex.)	W 8-0
Sept. 8	Baker (Kan.)	L 1-2
Sept. 10	Friends (Kan.)	W 1-0
Sept. 14	*Oklahoma City	L 0-3
Sept. 17	Southwestern (Kan.)	W 11-0
Sept. 20	at *Oklahoma Christian	L 0-1
Sept. 24	*Science and Arts	W 1-0
Sept. 27	College of the SW (N.M.)	L 2-4
Oct. 2	at *Science and Arts	W 2-0
Oct. 5	at *Wayland Baptist	W 5-1
Oct. 10	at *St. Gregory's	W 3-1
Oct. 14	Bethel (Kan.)	W 3-0
Oct. 19	Tabor (Kan.)	W 2-1
Oct. 21	at Southwestern Oklahoma	W 1-0
Oct. 23	at *John Brown (Ark.)	L 3-4
Oct. 29	*Southern Nazarene	W 2-1
Nov. 1	\$ St. Gregory's	W 2-1
Nov. 6	\$ at Oklahoma Christian	L 0-1

\* - Sooner Athletic Conference game  
n - played at a neutral site  
\$ - Sooner Athletic Conference Tournament

## 2003

(14-6-1 overall, 5-2 SAC)

Sept. 2	Central Oklahoma	T 1-1 (2OT)
Sept. 6	at *Oklahoma City	L 0-3
Sept. 9	Northwood (Tex.)	L 2-5
Sept. 16	at Bacone	W 3-0
Sept. 18	Sterling (Kan.)	W 5-0
Sept. 20	at Ottawa (Kan.)	W 6-0
Sept. 25	at Bethel (Kan.)	W 7-0
Sept. 28	at Col. of the SW (N.M.)	W 1-0
Oct. 1	at *Science and Arts	W 1-0
Oct. 3	*Wayland Baptist	W 4-0
Oct. 5	Southwestern Oklahoma	W 1-0
Oct. 9	at Newman (Kan.)	W 2-0
Oct. 11	*Oklahoma Christian	W 2-0
Oct. 15	Northeastern Oklahoma	L 5-6
Oct. 18	*John Brown (Ark.)	W 3-1
Oct. 19	Bethany (Kan.)	W 5-0
Oct. 25	*St. Gregory's	W 3-1
Oct. 28	at *Southern Nazarene	L 0-1
Nov. 4	\$ at Oklahoma Christian	W 3-0
Nov. 8	\$ Oklahoma City	L 0-1
Nov. 14	+ Oklahoma City	L 0-1

\* - Sooner Athletic Conference game  
n - played at a neutral site  
\$ - SAC Tournament - Edmond Soccer Complex  
+ - Region VI Tournament - Oklahoma City

## 2004

(16-3-2 overall, 6-0-1 SAC)

### SAC Conference Champions

Sept. 4	at Texas Wesleyan	T 2-2 (2OT)
Sept. 6	at Northwood (Tex.)	W 3-1
Sept. 11	at Baker (Kan.)	W 3-0
Sept. 16	Northeastern Oklahoma	W 2-1 (2OT)
Sept. 19	Texas Woman's	L 0-1
Sept. 23	at *Oklahoma Baptist	W 3-0
Sept. 24	n Oklahoma Wesleyan	W 11-0
Sept. 28	at *St. Gregory's	W 2-1
Sept. 30	at Southwestern Okla.	W 2-0
Oct. 2	Texas - Permian Basin	W 4-1
Oct. 5	*Science and Arts	W 2-0
Oct. 7	Bacone	W 3-1
Oct. 12	at *John Brown (Ark.)	W 2-0
Oct. 15	at *Oklahoma Christian	W 2-0
Oct. 19	*Oklahoma City	T 0-0 (2OT)
Oct. 23	*Southern Nazarene	W 2-0
Oct. 26	Newman (Kan.)	W 2-0
Oct. 29	\$ Oklahoma Baptist	W 1-0
Nov. 1	\$ Oklahoma Christian	L 1-2 (2OT)
Nov. 8	+ Northwood (Tex.)	W 2-0
Nov. 9	+ Oklahoma Christian	L 1-2 (3OT)

\* - Sooner Athletic Conference game  
\$ - SAC Tournament - Alva, Oklahoma  
+ - Region VI Tournament - Oklahoma City

## 2005

(9-7-2 overall, 3-3-1 SAC)

Aug. 27	Northwood (Tex.)	W 4-1
Sept. 1	at West Texas A&M	L 1-3
Sept. 3	# vs. N.M. Highlands	L 0-1
Sept. 9	at #14 Auburn-Montgomery	W 1-0
Sept. 10	% vs. #24 Univ. of Mobile	L 0-3
Sept. 15	Southwestern Oklahoma	W 3-2
Sept. 17	Baker (Kan.)	W 1-0
Sept. 20	Park (Mo.)	W 3-1
Sept. 23	Texas Wesleyan	W 2-0
Sept. 30	*John Brown (Ark.)	L 0-1
Oct. 4	*St. Gregory's	W 4-0
Oct. 6	at *Oklahoma Christian	T 1-1 (2OT)
Oct. 11	*Oklahoma Baptist	L 1-3
Oct. 14	at *Science and Arts	W 1-0
Oct. 18	at *Oklahoma City	L 1-2
Oct. 21	at *Southern Nazarene	W 4-0
Oct. 23	at Newman (Kan.)	T 1-1 (2OT)
Oct. 28	\$ at Oklahoma Baptist	L 0-1

\* - Sooner Athletic Conference game  
# played in Canyon, Texas  
% - played in Montgomery, Alabama  
\$ - Sooner Athletic Conference Tournament

## 2006

(4-12-1 overall, 3-9-1 SAC)

Sept. 1	at Southwestern Okla. St.	L 1-2
Sept. 3	at Lyon College	L 1-2
Sept. 6	at Tabor College	W 4-0
Sept. 12	at USAO	T 1-1 (2 OT)
Sept. 16	*Oklahoma Baptist	L 0-1
Sept. 19	*John Brown (Ark.)	W 2-1
Sept. 23	at *Oklahoma City	L 0-2
Sept. 26	*Southern Nazarene	W 1-0
Sept. 30	at *Oklahoma Christian	L 0-4
Oct. 6	*St. Gregory's	W 2-1
Oct. 10	*USAO	L 1-2 (OT)
Oct. 13	at *Oklahoma Baptist	L 0-2
Oct. 15	Newman (Kan.)	L 1-3
Oct. 18	at *John Brown (Ark.)	L 1-3
Oct. 21	*Oklahoma City	L 1-2
Oct. 24	at *Southern Nazarene	L 2-3 (2 OT)
Oct. 28	*Oklahoma Christian	L 1-2

\* - Sooner Athletic Conference game

## 2007

(7-10-0 overall, 4-5-0 SAC)

Aug. 25	at Baker (Kan.)	L 0-5
Aug. 28	Lyon (Ark.)	W 3-0
Sept. 2	at Hastings (Neb.)	L 0-2
Sept. 4	at Doane (Neb.)	L 2-4
Sept. 9	Southwestern Okla. St.	W 3-1
Sept. 13	at East Central	L 1-2 (OT)

Sept. 15	at *Wayland Baptist	W 4-1
Sept. 17	Bethany (Kan.)	W 3-0
Sept. 20	*Oklahoma Christian	W 3-1
Sept. 26	at *John Brown	L 0-3
Sept. 28	*Southern Nazarene	L 1-2
Oct. 2	*Oklahoma City	L 1-4
Oct. 5	at *Oklahoma Baptist	L 1-4
Oct. 12	*Univ. of Science and Arts	W 3-0
Oct. 15	*Rogers State	L 0-3
Oct. 23	at *St. Gregory's	W 4-0
Oct. 27	\$ at Rogers State	L 1-2

\* - Sooner Athletic Conference game  
\$ - Sooner Athletic Conference Tournament

## 2008

(2-14-1 overall, 2-8 SAC)

Sept. 1	at Southwestern Okla. St.	L 1-2
Aug. 30	Hastings (Neb.)	L 0-1
Sept. 5	Midwestern St. (Tex.)	L 1-13
Sept. 9	Mid-America Christian	W 2-1
Sept. 14	at Southwestern Okla. St.	L 0-1
Sept. 16	East Central	0-0 (2 OT)
Sept. 19	at Eastern New Mexico	L 0-1
Sept. 23	*Oklahoma Baptist	L 0-5
Sept. 25	*Rogers State	L 2-4
Oct. 1	at *Oklahoma City	L 0-3
Oct. 8	at Northeastern St.	L 1-2
Oct. 13	at *USAO	L 1-2 (OT)
Oct. 15	at *St. Gregory's	W 4-0
Oct. 18	*Wayland Baptist (Tex.)	L 1-2
Oct. 21	at *Southern Nazarene	L 0-1
Oct. 25	at *John Brown (Ark.)	L 1-3
Oct. 30	Baker (Kan.)	L 2-3
Nov. 3	at *Oklahoma Christian	L 0-7

\* - Sooner Athletic Conference game

## 2009

(1-16 overall, 0-9 SAC)

Aug. 29	at East Central	L 1-6
Sept. 2	at Hastings College (Neb.)	L 0-4
Sept. 11	Northeastern Oklahoma St.	L 0-4
Sept. 13	Southwestern Oklahoma St.	L 0-4
Sept. 20	Eastern New Mexico	L 0-3
Sept. 24	at Bethany (Kan.)	L 0-2
Sept. 26	at Sterling (Kan.)	L 1-3
Oct. 6	*Oklahoma Christian	L 0-4
Oct. 10	at *Wayland Baptist (Tex.)	L 0-3
Oct. 14	at *Mid-America Christian	L 1-7
Oct. 15	*Oklahoma City	L 0-5
Oct. 17	*Southern Nazarene	L 0-7
Oct. 21	*St. Gregory's	W 4-2
Oct. 23	at *Oklahoma Baptist	L 0-4
Oct. 27	*USAO	L 0-6
Oct. 31	at *John Brown (Ark.)	L 0-2
Nov. 3	at *Rogers State	L 0-3

\* - Sooner Athletic Conference game

## 2010

(6-12 overall, 3-8 SAC)

Aug. 29	at Huston-Tillotson (Tex.)	L 1-2
Aug. 30	at Our Lady of the Lake (Tex.)	L 0-4
Sept. 4	Oklahoma Wesleyan	W 1-0
Sept. 9	at Southwestern Okla. St.	L 1-2
Sept. 18	vs. Texas-Brownsville	L 1-2
Sept. 21	Sterling (Kan.)	W 2-1
Sept. 23	Southwestern Christian	W 5-1
Sept. 28	at *John Brown (Ark.)	L 1-3
Oct. 2	*Oklahoma City	L 0-4
Oct. 5	*Lubbock Christian (Tex.)	L 2-3
Oct. 9	at *Oklahoma Christian	W 1-0
Oct. 13	at *Wayland Baptist (Tex.)	W 3-2
Oct. 15	at *Mid-America Christian	L 1-2
Oct. 19	at *Southern Nazarene	L 1-6
Oct. 23	*St. Gregory's	W 1-0
Oct. 26	at *Oklahoma Baptist	L 1-5
Oct. 30	*Rogers State	L 0-4
Nov. 2	*USAO	L 0-3

\* - Sooner Athletic Conference game



# Individual Season Records

## INDIVIDUAL SEASON RECORDS

### TOTAL POINTS

Player	Year	Points
1. Sherina Wood	2003	53
2. Sherina Wood	2002	49
3. Sherina Wood	2004	38
4. Ashley Guinn	2007	37
5. Amy Scheuerman	2003	27
6. Christy Welker	2002	20
Sherina Wood	2005	20
8. Christina Nunez	2007	18
9. Ashley Guinn	2005	17
Jenessa Hunter	2006	17

### GOALS

Player	Year	Goals
1. Sherina Wood	2003	24
2. Sherina Wood	2002	23
3. Sherina Wood	2004	18
4. Ashley Guinn	2007	18
5. Amy Scheuerman	2003	11
6. Sherina Wood	2005	10
7. Ashley Guinn	2005	8
Jenessa Hunter	2006	8
9. Christian Nunez	2007	7
10. Ashley Guinn	2008	7

### ASSISTS

Player	Year	Assists
1. Christy Welker	2002	12
2. Christy Welker	2003	8
Jenessa Hunter	2004	8
4. Leslie Foster	2004	6
5. Leslie Foster	2002	5
Sherina Wood	2003	5
Amy Scheuerman	2003	5
Myca Crabbe	2003	5
Christy Welker	2004	5
Tamira Guevara	2004	5
Ashley MacWhirter	2007	5
Christina Nunez	2010	5

### SHOTS

Player	Year	Shots
1. Sherina Wood	2002	111
2. Sherina Wood	2004	88
3. Sherina Wood	2003	83
4. Ashley Guinn	2007	66
5. Amy Scheuerman	2004	57
6. Leslie Foster	2002	56
7. Amy Scheuerman	2003	53
Ashley Guinn	2008	53
9. Ashley Guinn	2006	51
9. Sherina Wood	2005	49

### GOALKEEPER VICTORIES

Player	Year	Wins
1. Delydia Gay	2004	16
2. Delydia Gay	2003	14
3. Delydia Gay	2002	12
4. Delydia Gay	2005	9
5. Kelsey Archer	2007	6
Kelsey Archer	2010	6
7. Lisa LaDelfa	2001	3
Dana Gandolfo	2006	3
9. Tiffany Smith (A)	2001	1
Tania Spann	2002	1
Sierra Willard	2006	1
Sierra Willard	2007	1
Kelsey Archer	2008	1
Dana Gandolfo	2009	1

### SAVES

Player	Year	Saves
1. Lisa LaDelfa	2001	229
2. Kelsey Archer	2008	164
3. Kelsey Archer	2007	156
4. Delydia Gay	2003	142
5. Kelsey Archer	2010	141
6. Delydia Gay	2002	113
7. Dana Gandolfo	2009	103
8. Delydia Gay	2004	101
9. Delydia Gay	2005	77
10. Dana Gandolfo	2006	74

### SHUTOUTS

Player	Year	Sho.
1. Delydia Gay	2004	12
2. Delydia Gay	2003	12
3. Delydia Gay	2002	7
4. Delydia Gay	2005	4
5. Lisa LaDelfa	2001	3
Kelsey Archer	2010	3
7. Kelsey Archer	2007	2
Kelsey Archer	2008	2
9. Dana Gandolfo	2006	1
Sierra Willard	2006	1
Sierra Willard	2007	1
Kelsey Archer	2008	1

### TEAM SINGLE-SEASON RECORDS

Most Victories	16 (2004)
Most Defeats	16 (2009)
Most Ties	2 (2004 & 2005)
Fewest Victories	1 (2009)
Fewest Defeats	3 (2004)
Fewest Ties	0 (2001, 02, 07, 09, 10)
Most Games Played	21 (2003 & 2004)
Most Home Wins	8 (2004)
Most Road Wins	7 (2003 & 2004)
Most SAC Wins	6 (2004)
Most SAC Losses	9 (2001 & 06, 09)
Most Goals Scored	55 (2003)
Fewest Goals Scored	7 (2009)
Most Assists	41 (2004)
Fewest Assists	2 (2009)
Most Points	147 (2003)
Fewest Points	19 (2009)
Most Goals Allowed	69 (2009)
Fewest Goals Allowed	11 (2004)
Most Shots	402 (2004)
Fewest Shots	76 (2001)
Most Shutouts	12 (2003 & 2004)
Most Times Shutout	13 (2009)
Most Consecutive Shutouts	10 (9/16-10/11/03)
Longest Winning Streak	10 (9/16-10/11/03)
Longest Losing Streak	12 (8/29-10/17/09)
Longest Home Win Streak	7 (9/18/03-9/16/04)
Longest Road Win Streak	8 (9/6-10/15/04)

### SINGLE GAME RECORDS

Most Goals Scored.....	11
W 11-0 vs. Southwestern College (Kan.), 9/17/02	
W 11-0 vs. Oklahoma Wesleyan, 9/24/04	
Most Goals in a Loss.....	5
L 5-6 vs. Northeastern Oklahoma, 10/15/03	
Most Goals Allowed.....	12
L 0-13 vs. Midwestern St. (Tex.), 9/5/08	
Most Goals Allowed in a Win.....	2
W 3-2 vs. Southwestern Oklahoma, 9/15/05	
W 4-2 vs. St. Gregory's, 9/21/09	
Most Goals Combined.....	13
L 0-13 vs. Midwestern St. (Tex.), 9/5/08	
Highest Scoring Tie.....	2-2
2-2 vs. Texas Wesleyan, 9/4/04	
Largest Margin of Victory.....	11
W 11-0 vs. Southwestern College (Kan.), 9/17/02	
W 11-0 vs. Oklahoma Wesleyan, 9/24/04	
Largest Margin of Defeat.....	12
L 0-13 vs. Midwestern St. (Tex.), 9/5/08	



## CAREER INDIVIDUAL RECORDS

### TOTAL POINTS

Player	Years	Points
1. Sherina Wood	2002-05	160
2. Ashley Guinn	2005-08	72
3. Christy Welker	2002-05	50
4. Amy Scheuerman	2003-06	46
5. Christina Nunez	2007-10	41
6. Jenessa Hunter	2004-06	40
7. Leslie Foster	2002-05	25
8. Grace Irvine	2003-06	23
9. Ilisha Hall	2004-05	21
10. Myca Crabbe	2002-03	18

### GOALS

Player	Years	Goals
1. Sherina Wood	2002-05	75
2. Ashley Guinn	2005-08	33
3. Amy Scheuerman	2003-06	17
4. Chistina Nunez	2007-10	15
5. Jenessa Hunter	2004-06	14
6. Christy Welker	2002-05	11
7. Grace Irvine	2003-06	9
8. Ilisha Hall	2004-05	7
9. Myca Crabbe	2002-03	6
Brianne Brown	2010	6
Taylor Marsh	2010	6

### ASSISTS

Player	Years	Assists
1. Christy Welker	2002-05	28
2. Leslie Foster	2002-05	17
3. Amy Scheuerman	2003-06	12
Jenessa Hunter	2004-06	12
5. Christina Nunez	2007-10	11
6. Sherina Wood	2002-05	10
7. Tamira Guevara	2001, 04	7
Ilisha Hall	2004-05	7
9. Lisa Woods	2002-03	6
Myca Crabbe	2002-03	6
Ashley Guinn	2005-08	6

### SHOTS

Player	Years	Shots
1. Sherina Wood	2002-05	331
2. Ashley Guinn	2005-08	207
3. Amy Scheuerman	2003-06	142
4. Jenessa Hunter	2004-05	114
5. Leslie Foster	2002-05	113
Christina Nunez	2007-10	113
7. Grace Irvine	2003-06	86
8. Christy Welker	2002-05	72
9. Christi Phelps	2003-06	60
Sarah Bryant	2006-08	60

### GOALKEEPER VICTORIES

Player	Years	Wins
1. Delydia Gay	2002-05	51
2. Kelsey Archer	2007-10	13
3. Dana Gandolfo	2006, 08-09	4
4. Lisa LaDelfa	2001	3
5. Sierra Willard	2005-08	2
6. Tiffany Smith (A)	2001-02	1
Tania Spann	2002	1

### SAVES

Player	Years	Saves
1. Kelsey Archer	2007-10	525
2. Delydia Gay	2002-05	433
3. Lisa LaDelfa	2001	229
4. Dana Gandolfo	2006, 08-09	177
5. Sierra Willard	2005-08	67
6. Tiffany Smith (A)	2001-02	13
7. Nicci Power	2001, 03	12
8. Jenna Robertson	2003	1
Tania Spann	2002	1

### SHUTOUTS

Player	Years	Shutouts
1. Delydia Gay	2002-05	35
2. Kelsey Archer	2007-10	7
3. Lisa LaDelfa	2001	3
4. Sierra Willard	2005-08	2
5. Dana Gandolfo	2006	1

### GAMES PLAYED

Player	Years	Games
1. Selina Lamar	2001-04	80
Leslie Foster	2002-05	80
3. Sherina Wood	2002-05	79
Delydia Gay	2002-05	79
5. Christi Phelps	2003-06	77
Tiffany Smith (PC)	2003-06	77
7. Christy Welker	2002-05	76
8. Ashley Guinn	2005-08	69
9. Amy Scheuerman	2003-06	64
Christina Nunez	2007-10	64

## SERIES RECORDS

Auburn-Montgomery (Ala.)	1-0-0
Bacone	2-0-0
Baker (Kan.)	2-3-0
Bethany (Kan.)	2-1-0
Bethel (Kan.)	2-0-0
Central Christian (Kan.)	1-0-0
Central Oklahoma	0-1-1
College of the Southwest (N.M.)	1-3-0
Dallas Baptist (Tex.)	0-1-0
Doane (Neb.)	0-1-0
East Central	0-2-1
Eastern New Mexico	0-2-0
Friends (Kan.)	1-0-0
Hastings (Neb.)	0-3-0
Huston-Tillotson (Tex.)	0-1-0
John Brown (Ark.)	3-7-0
Lubbock Christian (Tex.)	0-1-0
Lyon (Ark.)	1-1-0
Mid-America Christian	1-2-0
Midwestern St. (Tex.)	0-1-0
Mobile (Ala.)	0-1-0
Newman (Kan.)	2-1-1
New Mexico Highlands	0-1-0
Northeastern Okla.	1-3-0
Northwood (Tex.)	3-2-0
Oklahoma Baptist	2-8-0
Oklahoma Christian	5-10-1
Oklahoma City	0-13-1
Oklahoma Wesleyan	2-0-0
Ottawa College	1-0-0
Our Lady of the Lake (Tex.)	0-1-0
Park (Mo.)	1-0-0
Rogers State	0-5-0
Southern Nazarene	4-8-0
Southwestern Christian	1-0-0
Southwestern College (Kan.)	1-0-0
Southwestern Oklahoma St.	5-5-0
Sterling College	2-1-0
St. Gregory's	10-2-0
Tabor (Kan.)	2-0-0
Texas-Brownsville	0-1-0
Texas Wesleyan	1-0-1
Texas Woman's	0-1-0
University of Sciene and Arts	7-5-1
University of Texas-Permian Basin	2-0-0
Wayland Baptist (Tex.)	7-2-0
West Texas A&M	0-1-0

### OVERALL RECORD

76-101-7



**2004 Sooner Athletic Conference Champions**



# Awards and Honors

## AWARDS AND HONORS

### NAIA All-America - 3rd Team

Sherina Wood.....2004

### NAIA All-America - Honorable Mention

Sherina Wood.....2003, 2002

Selina Lamar.....2004, 2003

Amy Scheuerman.....2004, 2003

Delydia Gay.....2004

### NAIA Player of the Week

Delydia Gay.....October 7, 2004

### NAIA Region VI Player of the Year

Sherina Wood.....2004

### NAIA Region VI - 1st Team

Sherina Wood.....2004, 2003, 2002

Selina Lamar.....2004, 2003

Amy Scheuerman.....2004, 2003

Delydia Gay.....2004

### NAIA Region VI - 2nd Team

Ilisha Hall.....2004

Christi Phelps.....2004

Leslie Foster.....2005

Sherina Wood.....2005

### NAIA Academic All-Americans

Delydia Gay.....2005, 2004

Leslie Foster.....2005, 2004

Christy Welker.....2005, 2004

Christi Phelps.....2006, 2005

Amy Scheuerman.....2005, 2006

Erika Liechti.....2006

Ashley Guinn.....2007

Christina Nunez.....2010

### Sooner Athletic Conference MVP

Sherina Wood.....2004

### SAC Coach of the Year

Steve Barrows.....2004

### SAC Offensive Player of the Year

Sherina Wood.....2004, 2003

### SAC Defensive Player of the Year

Selina Lamar.....2004

### Sooner Athletic Conference - 1st Team

Sherina Wood.....2004, 2003, 2002

Amy Scheuerman.....2004, 2003

Selina Lamar.....2004, 2003

Delydia Gay.....2004

### Sooner Athletic Conference - 2nd Team

Christi Phelps.....2005, 2004

Ilisha Hall.....2005, 2004

Tiffany Smith.....2004

Jenessa Hunter.....2005

Ashley Guinn.....2007

Kelsey Archer.....2008

Taylor Marsh.....2010

### SAC Player of the Week

Sherina Wood.....September 14-20, 2003

Delydia Gay.....Sept. 28-Oct. 4, 2003

Sherina Wood.....October 5-11, 2003

Sherina Wood.....September 5-11, 2004

Ilisha Hall.....September 19-25, 2004

Jenessa Hunter.....October 3-9, 2004

Jenessa Hunter.....October 10-16, 2004

Delydia Gay.....October 17-23, 2004

Chelsea Comtois.....October 2-8, 2005

Ashley Guinn.....September 3-7, 2007

Kelsey Archer.....October, 8-14, 2007

Christina Nunez.....October 22-28, 2007

### ESPN The Magazine Academic All-American

Leslie Foster.....2005

Christi Phelps (Dist. 6, first-team).....2006

Amy Scheuerman (Dist. 6, second-team).....2006

Ashley Guinn (Dist. 6, first-team).....2007

### NSCAA Ethics Gold Award of Merit

2005

### NSCAA Ethics Silver Award of Merit

2004

### NSCAA Team Academic Award

2003-04 - 3.57 Team GPA

2004-05 - 3.50 Team GPA

2005-06 - 3.36 Team GPA

2006-07 - 3.52 Team GPA

2007-08 - 3.37 Team GPA

### NAIA Scholar Team Award

2009-10

2010-11