

Northwestern Ranger Cheerleading & Mascot Tryouts

TRYOUT DATES:

April 3, 2009	4:30pm - 5pm	Registration
	5pm - 8pm	Material taught, informal tryouts and interviews
April 4, 2009	8am	Gym Opens
	9am	Formal tryouts

Open Gym Practice Dates: Weekdays 6:30-8:30 p.m. & Saturday 9 a.m. - Noon

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Saturday</u>
March 9	March 24	March 11	March 26	March 28
March 30		April 1		

Cheerleading Requirements:

- **Stunts** - Coed or all girl (women must show ability to do all girl, but will be judged on only one of the two)
Minimum 2 extended stunts
- **Fight Song**
- **Dance** - Women only
- **Chants** - Individuals must perform 2 of the 4 taught
- **Tumbling** (Required)
Minimum - Round off backhand spring and/or standing backhand spring
- **Jumps** - Toe touch and pike

Mascot Requirements:

- **Creativity** - use of props and motions
- **Crowd Participation**
- **Original Routine** - must be 45 seconds to 1 minute in length

Scholarships will be provided for qualifying individuals.

Online Pre-registration will be available January 12, 2009 or
register on Friday, April 3, 2009 from 4:30pm - 5pm.

\$15 Registration Fee due at time of tryouts.

<http://www.nwosu.edu/athletic/Cheerleading/index.html>

For more details contact:

Alysson Tucker - Ranger Cheer Coach
580-748-0938
amtucker@nwosu.edu

Chesnei Thomas- Assistant Cheer Coach
580-327-8414
cdthomas@nwosu.edu